The Academy says:

We see a decrease in both anxiety and shyness with age.

Lit Review

The Academy says:

We Feel Fine says:

We see a decrease in positivity starting in the mid 60s.

The Academy says:

We see a decrease in both anxiety and shyness with age, but fear holds relatively steady.

Lit Review

The Academy says:

We see women express more love, affection, and warmth than men.

The Academy says:

We see women express more sadness, fear, anxiety, hurt, and shame than men.

The Academy says:

We express more negative than men, while men express more positive than women.

The Academy says:

We express more negative than men, while men express more positive than women.

The Academy says:

We express more love, affection, and warmth than men.

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We express more love, affection, and warmth than men.

The Academy says:

We see that women are more likely to express anxiety, hurt, sorrow, fear, vulnerability, and to report that they feel more guilty and excited.

The Academy says:

We see that women are more likely to express anxiety, hurt, sorrow, fear, vulnerability, and to report that they feel more guilty and excited.

The Academy says:

We see women who are more likely to express anxiety, hurt, and fear. Men report that they feel protective, 60% of women.

The Academy says:

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